



## 3 ingredient real fruit jelly

Jelly is an easy treat to make for the kids, and you can be assured there are no additives with this easy three ingredient recipe that uses only juice, raspberries and gelatine.

prep: 0:10

### ingredients

- 4 cups (1L) apple juice
- 1 cup frozen raspberries
- 1 tbsp gelatine

### method

1. In a medium saucepan, place 2 cups (500ml) apple juice and the raspberries. Bring it to the boil. Remove from heat and whisk in gelatine to dissolve. Stir through remaining apple juice.
2. Pour juice through a strainer to remove raspberry seeds, then pour strained juice into moulds or a bowl. Refrigerate for 3-4 hours, or overnight, to set.

### how to



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## notes

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You could use orange juice or blackcurrant juice if you prefer. Choose one with no added sugar.

Powdered gelatine is available in the supermarket baking aisle.

Recipe by Greer Worsley, who blogs at Typically Red (<http://www.typicallyred.blogspot.com.au/>).

